

Introduction to Jyotish

Vedic Astrology for beginners!

Friday, September 12th 7:00 pm – 9:00 pm free and open to the public!

Saturday, September 13th 10:00 am – 12:30 pm / 2:00 pm – 4:30 pm

Sunday, September 14th 1:00 pm – 4 pm

In-person readings available from Thursday through Tuesday! See back for info!

Location: Ashtanga Yoga Center • 2910 South Croatan Highway
Nags Head, NC 27959 • ph: (252) 202-0345

Jyotish, commonly known as Vedic Astrology, means the “science of light” and is a sister science to Ayurveda (holistic East Indian medicine) and Yoga. Jyotish is used by Ayurvedic practitioners to help understand a client’s health inclinations and to foresee possible events that may affect a patient’s health. It’s a powerful tool that not only offers wonderful insight but truly helps us to align with our “dharma” or higher purpose. In this introductory seminar where no previous knowledge of astrology is necessary, we will cover the basics of Jyotish, including:

- ❖ houses and their meanings
- ❖ planets and their meanings
- ❖ zodiacal signs and their meanings
- ❖ brief introduction to the lunar nakshatras
- ❖ vimshottari dasha sequence
- ❖ karmic relevance of Rahu and Ketu
- ❖ how to draw up a chart using the North Indian system
- ❖ basic chart interpretation

Course fee is \$200 and includes:

- ❖ extensive course print-outs
- ❖ sample charts
- ❖ your rasi (natal), moon and navamsha charts
- ❖ your D6 (disease) and D11 (cure) divisional charts
- ❖ your personal dasha sequence

Some testimonials from attendees of previous weekend Intro to Jyotish workshops:

“Class information was given in an understandable, orderly and progressive manner. Class was taught with joy, enthusiasm and respect. Constant feedback was welcomed and appreciated from the instructor. The healing energy was sublime!” –Christine

“Excellent seminar... Clear and understandable presentation of difficult subject. I think I got it!” –Todd

“I feel like I have a simple way to start looking at charts and understanding them. Super fun!” –Julie

“The workshop was absolutely fascinating, engaging, fun and a wonderful experience. The instructor makes learning Jyotish so much fun and so easy to understand.” –Erin

“Extremely insightful, interesting, intriguing and inspiring!” –Dana

To register, email: lexneon@yahoo.com or call 505-275-5906 or 252-202-0345

Please pre-register by Monday, September 1st. Checks and credit cards accepted. Please make checks out to: Ashtanga Yoga Center, PO Box 274, Nags Head, NC 27959 or bring payment (cash, checks, credit cards) to 2910 South Croatan Highway, Door #15, Nags Head, NC 27959. Or go to www.ashtangayogaobx.com for credit card payments. Cancellation policy: non-refundable unless space is filled

Please include your name and birth information (month/day/year, exact time, and place of birth) when registering for this workshop so charts will be ready on the first day of class. If you do not know your birth time, please contact me about it in advance. If you would like additional charts printed for family and friends, please get permission first and ask if they approve of it being used in class as a learning tool. Please include \$5 for each additional chart to be printed.

Alexia Neonakis, who also goes by Lexie, is a graduate of the Ayurvedic Institute and is a certified Ayurvedic Diet and Lifestyles Consultant and Educator, and a certified Yoga Instructor with a special focus on Ayurvedic Yoga. Her true love in the Vedic Sciences is for Jyotish, the “science of light”, which she merges with Ayurveda. She has been studying astrology on her own from a very young age, and has formally studied Jyotish with Ronnie Gale Dreyer and Chandra Jade Shankar. She was recently working with beloved late astrologer, Bethelya, to receive her degree from the American College of Vedic Astrology. She has been analyzing Vedic charts professionally for over 4 years, teaching seminars for 3 years, and has been drawing up charts for everyone she knows since she was about 13 years old. For more information, please go to: www.lexneon.com

:: Namaste ::