

## Lunar Calendar for October 2008

Mo	Tu	We	Th	Fr	Sa	Su
		1	2	3	4	5
6	☾	8	9	10	11	12
13	●	15	16	17	18	19
20	☾	22	23	24	25	26
27	●	29	30	31		

### Planetary movement for October 2008

**Oct. 14:** Full Moon in 27°50 Pisces (Revati)  
Venus in Scorpio

**Oct. 15:** Mercury stationing direct (has been retrograde since Sept 24)

**Oct. 17:** Sun in Libra

**Oct. 28:** New Moon in 11°48 Libra (Swati)

\*Oct. 15-19 are the days surrounding Mercury stationing direct and when its energy is heightened.

### Sunrise and Sunset times for October:

Sunrise: from 7:02 am to 7:27 am

Sunset: from 6:50 pm to 6:12 pm

### Chart for October 1, 2008 at 7:02 am (sunrise), ABO

*\*note: the nakshatras (Vedic signs) listed in () can change as can the zodiac signs.*

**Ascendant:** 13°56 Virgo (Hasta)

**Sun:** 14°44 Virgo (Hasta)

**Moon:** 10°29 Libra (Swati)

**Mars:** 4°13 Libra (Chitra)

**Mercury Retrograde:** 25°42 Virgo (Chitra)

**Jupiter:** 19°24 Sagittarius (Purva Ashadha)

**Venus:** 15°04 Libra (Swati)

**Saturn:** 21°20 Leo (Purva Phalguni)

**Rahu:** 23°17 Capricorn (Shravana)

**Ketu:** 23°17 Cancer (Ashlesha)

Uranus: 25°58 Aquarius (Purva Bhadrapada)

Neptune: 27°45 Capricorn (Dhanishtha)

Pluto: 4°38 Sagittarius (Mula)

*\*the 3 outer planets are not traditionally used in Jyotish (Vedic Astrology)*

## Remedies to uplift Mercury for October 2008

**\*Chant Mercury's mantra:** Aum Bum Budaya Namaha

**\*Invoke Saraswati:** Aum Shri Saraswati Namaha

**\*Wear Mercury's colors:** all shades of green

**\*Eat Mercury foods** (but don't eat fast!): green dal, leafy greens, zucchini, summer squash, almonds, cashews

**\*Wear Mercury's gems:** emerald, peridot, jade, aquamarine

\*Do gentle pranayama (breathing exercises) to calm the mind and nervous system, like alternate nostril breathing or So Hum breath.

\*Be mindful of thoughts and communication.

*\*Doing these things on Wednesday is especially helpful as it is Mercury's day. Doing these things (on any day) with the intention that the energy is to support Mercury is also important.*

### Reasons for uplifting Mercury over other planets:

Mercury is retrograde until October 15th, and can bring up issues around communication, as we know. We have already seen that the Mercury Retrograde energy in September created some uncertainty around whether or not there would even be a presidential debate. Being the planet of communication and merchants, it has caused much talk and concern as to whether or not a bailout would happen. A main argument that has been presented is that the bailout will aid small businesses (the merchants). The financial crisis is due to many factors astrologically, but has culminated at a time when the planets have come into a "kala sapra yoga" – a time connected with great suffering and release from lifetime-old patterns.

For the month of October until November 5th, Mercury is in a degree of Virgo and Libra called "Chitra" which is indicative of capital cities. It is considered to be the "shining jewel" of the sky, connected to riches and valuable things, and its deity is Tvashtri, the celestial architect. It certainly seems that these things are all very present these days: the reconfiguration and reconstruction of Washington, DC and specifically of the economy. Chitra is clearly hard at work these days.

Retrograde Mercury can bring things "from the past" (people, issues) back into our lives. Sometimes that isn't welcome, but many times, it's our opportunity to "get right" with these things if needed, and complete our karma in this area. Add to this the very powerful planetary event of the Nodes of the Moon returning to the degrees they were in during the February eclipse... major things that began then are coming out of the woodwork now. Truths are being revealed. It wouldn't be surprising if other "secrets" reveal themselves throughout the rest of the month (personally, publicly, politically). This is a time to come out with whatever has been in the dark since then, and to let whatever projects and hopes that were established then to come to fruition.

## Rahu, Ketu and the Kala Sarpa Yoga:

The overriding energy that is expressing this month and over the next few months is connected to the "kala sarpa yoga" in the sky. Translated as the "curse of the cobra," this celestial configuration forms when all planets fall between Rahu and Ketu, the North and South Nodes of the Moon. Karmically, it is said to occur when a person has literally "killed a cobra" in a previous life, a creature that is revered as powerful and healing and is connected to Shiva. On a spiritual level, this yoga (or union of planets) occurs when a person has energetically "killed his/her own cobra" in the form of disregarding or disrespecting the kundalini, the primordial power resting at the root of the spine, symbolized as a coiled serpent that hopes to eventually travel up the spine to the crown of the head in full awakening.

On a global level, this Kala Sapra Yoga energy can bring about challenges, suffering, and great liberation. The current configuration is from Ketu to Rahu, which brings about a rise in spiritual awareness. The opposite, from Rahu to Ketu, is connected to work in the material world. Interestingly, the financial crisis and bailout take place in the material realm, but one of the main issues it has brought up is one of faith in the institutions around us. Ketu in Sanskrit means "doubt" and so this Ketu to Rahu Kala Sapra Yoga seems to actually be rooted in faith and doubt.

As the great Jyotishi Sri B.V. Raman said: "Suffering due to developments in life strengthens the mind and mellows one's outlook. This is a blessing of Kala-sarpa Yoga." This is the challenge and the lesson for all of us as we experience this configuration which began in late July 2008 and will continue until December 30, 2008.

### ***Chanting the Prayer to the 9 Planets in the morning is an excellent way to align with all the planets:***

Sun: Aum Sum Suryaya Namaha

Moon: Aum Som Somaya Namaha

Mars: Aum Kum Kujaya Namaha

Mercury: Aum Bum Budaya Namaha

Jupiter: Aum Gum Guravay Namaha

Venus: Aum Shum Shukraya Namaha

Saturn: Aum Sham Shanaya Namaha

Rahu: Aum Ram Rahuvay Namaha

Ketu: Aum Kem Ketuvay Namaha

### **Key Words for October 2008:**

**\* reflect \* rebuild \* reveal the truth!\***

**\*now is the time for change!**